

Prevent Painful Presentations: *Laugh it Off*

In this high energy and interactive session, participants will learn to stop self sabotaging when presenting. Topics such as “Keeping it Real” and avoiding “Death by Power Point” will be featured. Trained and certified in Laughter Yoga, presenter Jennifer Luzar will have participants laughing their stress away. Come with an open mind and ready to laugh. All shapes, sizes and stress levels are welcome!

***** highly recommended presentation from MISHRM State Conference *****



Presented by: Jennifer Luzar
Associate Professor of Communication, Northwood University

Date: Tuesday - March 20, 2012

Time: 11:30a.m. - 1:00p.m. (lunch provided)

Place: Brighton Area Chamber of Commerce
218 East Grand River Ave.

Cost: \$25 members/\$35 non-members

Reservations: to ensure the right amount of food will be orders, register online at www.livingstonhr.org by 3/16/2012.

Jennifer Luzar earned her BA in English and Communications at Western Michigan University and her MS in Education Administration at Indiana University. Jennifer has taught Communication courses for 20 years. A full time faculty member at Northwood University since 2002, Jennifer has also served as a faculty development coordinator, and has developed and taught courses for the online learning program. Jennifer resides in Midland with her husband Will, her sons Ben and Sam, and her cats Tabby and Tango. Her motto is: If you love what you do, you'll never work a day in your life.